



### **Seek to Believe 100%**

***“What do you mean, ‘If I can’?” Jesus asked. “Anything is possible if a person believes.”***

***<sup>24</sup> The father instantly cried out, “I do believe, but help me overcome my unbelief!” Jesus Christ in Mark 9:23-24 (NLT)***

A friend of mine likes to remind me that there is always another fork in the road. When he first said this to me I thought that he was referring to times when we come upon a major decision, a challenge you might say. For example, frustrated with your job, you might think that you are approaching a decision on whether to stay or go. These sorts of "decision events" come along periodically in our lives. But I have come to realize that there was more to what my friend said; that there are many more forks in the road than these.

**Have you ever considered that we face a daily fork in the road, the choice to believe?**

I try to immerse myself in scripture, pray and journal every day. I spend about an hour each morning doing this. As I read I think about what is written. All good! But everything changed when I challenged myself by asking, **"Do I really believe this?"** I decided that to prove I believed, the evidence had to be visible in my life. In other words, if I could not see my behavior reflect the scripture, then I figured I must not believe it yet.

For example, suppose I read Philippians 4:6-7 where the Apostle Paul writes:

*"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."*

Then I ask myself, "Am I experiencing God's peace beyond what I can understand?" If not, then I try to figure out what I don't yet believe and **ask God to help me overcome my unbelief**. The key word here is "yet".

**It's funny to think that I often call myself a "believer." Would a better term be a "becoming believer"?**

Its easy for me to see that I believe much more than I did when I first accepted Christ as my savior and the leader of my life. Though a bit harder to see, I can honestly say that I believe more than I did last week, even yesterday. Do I "fully believe"? Not yet....

**Ironically, the more I believe, the more I realize how much I don't yet believe.** I have made it a quest to reach full belief, to keep moving toward 100% even though I realize that I won't reach this point until I die. It is comforting to know that it is OK to not yet believe 100%. At the same time it is unsettling to know that I could go much further, and know God that much better.

As I have sought greater belief, I have realized that spiritual growth requires both making a daily choice to believe, and making S Curve Jumps as I describe in my book, *Unlock Your Life, 5 Steps and a Jump to Living the Adventure God Made You For*. While making the daily choice to believe is vital, if you simply focus on this your growth in belief will be limited. Failure to make S Curve Jumps leads to complacency.

**God hates complacency.**

Instead, he calls you to live out the adventure of your life by making faith Jumps in the direction of your Life Mission. God wants you to be sure you accomplish what he has you here to do. Jumps take you out of your comfort zone and move you into new territory where you have to rely on God a bit more than ever. God loves this!

Seeking to believe 100% requires that you fight complacency. Consider ways to increase the growth of your belief. Are you challenging yourself to believe each day? Is it time to make an S Curve Jump? Striving for 100% belief takes courage and faith....it's scary. What you could be missing? As you go forth, God's kingdom opens and you see more and know more of God. What a ride! A life well lived does not settle for anything less.

**Challenge yourself to believe each day. Start preparing for an S Curve Jump. Engage the Mission Curve™ process, learn your Life Mission then pursue it. It will open up the adventure of your life. Guaranteed.**

**Follow the link below to schedule a free consultation on how to start the process.**

[Mission Curve™ Process - Guaranteed](#)

## **Spirit Talk**

(Post this where you can see it regularly)

**"I choose to believe!"**

*"Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me." Jesus Christ in John 16:6  
(NLT)*

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[Adventuring with God Blog: "Lean In"](#)