



What You Focus On Increases

"Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need." Matthew 6:33 (NLT)

There is great power in focus. I think most every kid growing up learned of the power of the sun. Lens in hand, turning it to find just the right angle and distance. Suddenly hitting the sweet spot, the smoke would rise as the target started to burn. Some of my friends liked to fry ants...bring back any memories? My preferred target was dry leaves. I loved the smell. Of course, if I was not careful, I could have started a real fire. Talk about power!

Imagine living a life of such focus...the impact that could come from your energy, concentrated. This is the power your Life Mission brings. It's been said, "What you focus on increases." Think of the Kingdom Fire that could break out from your focused life...**a life well lived!**

How do you start a Kingdom Fire?

Like the burning of leaves, it all starts as a spark so small it may be hard to notice at first. Your job is to align with your Life Mission, the lens, and create the spark. Continued concentration on that spot will expand it. Before you know it, you'll find yourself surprised to be in the midst of a fire.

Creating the spark is not a random act of luck. You must be intentional. Think of Paul, who was very focused on his Life Mission -- "Bringing the Good News to the Gentiles." I can envision him working as a tent maker, evangelizing the entire time. I bet he woke each morning with great intent to pursue his mission in the midst of his daily activities. As should we.

Jesus made it clear: Seek the Kingdom of God first each day.

Try this.

Each morning, as you go about your rituals, set your Life Mission firmly in your mind. (Make this easy for yourself by posting your Life Mission where you can see it regularly as a reminder.) Repeat it to yourself several times and pray for God to present opportunities to you throughout the day. Then set out on your day attuned to these opportunities, prepared to engage when they occur.

Suppose your Life Mission is: "Inspiring Kids to Live Healthy Lives for God." You would pray for God to help you by bringing kids or their parents to you so you could open up conversations with them about diet, exercise, etc. that could ultimately lead them to understand God's view of keeping a healthy body. Perhaps as you go through the day, you sense an opportunity when talking with your coworker. He says that his son is joining the track team. You mention a movie you saw that shows how dramatically diet affects athletic performance and suggest they come over so you all can watch together. Answered prayer.

At the end of your day, review the events of the day with a focus on your Life Mission. Much like zeroing in on the right angle and distance with your lens. Ask, "What opportunities presented themselves? Was I able to engage them? If not, what could I do next time? How could I do it more tomorrow?" You will become more focused and encouraged as the fire starts to build.

Watch out...Who's to Say What God May Do?

The Mission Curve™ process guides you to your Life Mission and instructs you on how to "Do It More." Get started and watch as the fire heats up. It will change your life.

Guaranteed.

Follow the link below to schedule a free consultation on how to start the process.

[Mission Curve™ Process - Guaranteed](#)

Spirit Talk

(Post this where you can see it regularly)

"I will focus my whole self on my Life Mission."

"And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him." The Apostle Paul in Romans 12:1 (NLT)

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