



### ***The Key to All Meaningful Life Change***

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We don't like it, but the truth is that all meaningful life change starts with a change in belief; the surrender of an old belief that happens when we replace it with a new belief. It's not a matter of simply changing behavior as so many try to get us to do. Behaviors emanate from beliefs. **We must change at the root and that's hard.**

Why so hard? Death.... Our old belief must die and we hate the death of things we have lived with for a long time, even if we know better. Ironically, the death of certain long held beliefs is the way to find life, much like a seed dies to bring forth a new vibrant, fruitful plant. Jesus spoke of this prior to his death on the cross; his death would lead to a plentiful harvest of new lives. **Yet even Jesus did not want to do it.**

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*"Now my soul is deeply troubled. Should I pray, 'Father, save me from this hour'? But this is the very reason I came! <sup>28</sup> Father, bring glory to your name." John 12:27-28 (NLT)*

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Though we don't like it and it's hard, when we surrender worldly beliefs our lives will also yield a plentiful harvest - fulfilling! But it's a cycle. **God asks us to repeatedly trust in this truth as we grow to become more like him.**

**The Spiritual S** curve helps us understand. Inevitably, after times of intimacy and fruitfulness, we grow distant from God, relying on the remnants of our world belief system. But God wants us close to him, on the slope of **Intimacy**, where he works with us to put our worldly beliefs to death. One by one he leads us to **Surrender** them and accept his truth.

As in any intimate relationship, we must exert ourselves. We must take a step toward God to foster a closer relationship. A step that stretches us; something spiritually awkward to take us out of our routine. A dedicated day of prayer and fasting for example...so powerful, so intimate. In the midst, ask God, "What old belief must be put to rest?" God will reveal it, not necessarily right then, but he will over time if you are listening. He will ask you to trust one of his promises; accept the new belief. Not so hard until he tests you, challenging you to take a step of faith, a **Jump**. A big one for me was giving up a well paying career for more meaningful work. I had to trust his promise to provide. Hard but amazing. So fruitful!

It doesn't end there....the cycle repeats. Again we find ourselves growing distant. He beckons us, wanting Intimacy. As the cycle runs on, we move toward **Oneness** with our creator. A beautiful thing! And his ultimate desire for us.

**Read more about surrendering in my book, *Unlock Your Life*. Click below to get your copy.**

**Unlock Your Life - Get the Book**

## **Spirit Talk**

(Post this where you can see it regularly)

**"I seek Intimacy so God can change my beliefs and make me fruitful."**

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*"I am the true grapevine, and my Father is the gardener. <sup>2</sup> He cuts off every branch of mine that doesn't produce fruit, and he prunes the branches that do bear fruit so they will produce even more. <sup>3</sup> You have already been pruned and purified by the message I have given you.<sup>4</sup> Remain in me, and I will remain in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you remain in me. John 15:1-4 (NLT)*

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**Adventuring with God Blog: "How to Get Rich"**